

CERTIFICATE

OF PARTICIPATION

This is to certify that

Jan Norval

Has successfully participated & completed the

12km Adventure Included: Kingskloof Paradise Trail

held at Kings Kloof.

TIME 01:18:50

PACE 06:33/km

OVERALL 23 of 126

GENDER 20 of 59

OPEN 11 of 30

17 March 2019, Sun

Date



BoutTime